

## What is Y-DOSA?

Y-DOSA stands for Young Daughters of Saint Angela. It is an organization for young women ages 11-18 who are interested in learning more about Saint Angela Merici and the faith and values she taught young women that have been passed down to the present day. We also do service projects to help others.

### Y-DOSA

#### Mission Statement

We declare ourselves as young daughters of Saint Angela Merici. As members of Y-DOSA, we learn about Saint Angela and how to follow in her footsteps. We strive to become more educated, innovative and daring as we reach out in service. As we acknowledge the need of gospel values in today's world, we strive to carry on Saint Angela's mission, adapting to the needs of the times and trusting in her intercession and the infinite mercy of God.

## Who was Saint Angela?

Born between 1470 and 1475 in Desenzano, Italy, Angela Merici was a farm girl. She had at least three brothers and two sisters, some of whom died very young. Angela and her siblings listened intently to their father as he read to them the lives of the saints. Angela aspired to be a saint and spent much time in prayer. While still a teen, or perhaps at the age of 20, Angela had a vision in which she learned that her deceased sister was in heaven and that she herself would found a company of women. On Nov. 25, 1535, she founded the Company of Saint Ursula, known throughout the world today as the Ursuline Sisters. Find out more about Angela at the Y-DOSA meetings!

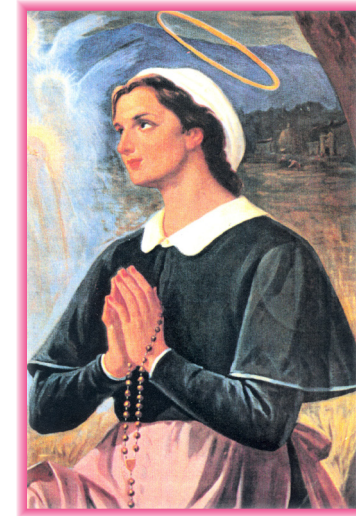
### WHAT CAN I DO?

*Are you thinking, "What can I do as a young girl?" Y-DOSA can help guide you in that question.*

**First: Embrace and develop a spiritual life.**

**Second: Become a young woman of service whose life bears witness to God's presence in this world.**

*How can you follow God's plan for your life if you don't talk to Him? Isn't it nice to know that you have someone in heaven like Saint Angela Merici who's "got your back"?*



If you are a girl 11-18 years old and you're interested in Y-DOSA, come to a meeting and see if it's for you. No special invitation is needed.

## About the Ursuline Sisters of Mount Saint Joseph...

Founded in 1874 in western Kentucky, the Ursuline Sisters of Mount Saint Joseph are sustained by prayer and vowed life in community. They proclaim Jesus through education and Christian formation in the spirit of their founder, Saint Angela Merici. The sisters minister in Illinois, Kansas, Kentucky, Louisiana, Missouri, Minnesota, New Mexico, New York, Tennessee and in Chile, South America. They focus on education; church ministry; social outreach and justice advocacy with the poor, children, the elderly, immigrants, and the homeless; and ministries of body, mind, and spirit. Their core values are prayer, service, empowerment, justice, and contemplative presence.



We are sisters in Christ.

We sit at the feet of Jesus.

We pray for each other,  
support each other and  
make a difference by the way  
we conduct ourselves.

We are the Young Daughters of  
Saint Angela.

We choose to stand out.

We choose to love Christ.



**SOLI DEO GLORIA**

Latin phrase and  
Ursuline motto meaning

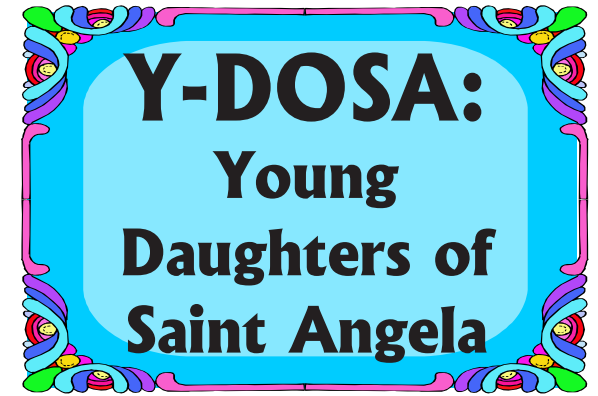
**“Glory to God  
Alone”**



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Please take just a  
moment to reflect  
on what it must be  
like for young girls  
in today’s society.

Let us introduce them to...  
**Y-DOSA!**

Y-DOSA  
can be an effective  
tool for girls to better  
themselves, become  
closer to Jesus,  
understand the charism  
of Saint Angela, and  
give them a firm  
standing in an  
uncertain  
world.