

Women's Retreat Registration  
*Come apart and rest awhile*— Mark 6:31

Weekend of  
**March 15-17, 2019**

Cost: \$180 or \$162 if paid by Feb. 15, 2019  
Includes retreat, meals and overnight accommodations  
Commuters: \$130 or \$117 if paid by Feb. 15  
Includes retreat and meals

It's simple to apply ONLINE:

<https://ursulinesmsj.org/conference-retreat-center/retreats-and-programs>

*Scroll to find March retreat*

Or

Method of Payment

Check # \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Special needs \_\_\_\_\_

Favorite hymn or Christian song:

If you wish, bring your personal Bible & Rosary.

*Or both will be provided on-site.*

Check writers mail this form to:

**Registration**

MSJ Conference and Retreat Center  
8001 Cummings Road  
Maple Mount, KY 42356

Questions? Call 270-229-0206  
[retreatcenter@maplemount.org](mailto:retreatcenter@maplemount.org)



**Sister Cheryl Clemons, OSU**, is Vice President for Academic Affairs/Academic Dean at Brescia University in Owensboro, Ky. She has twice served the Ursuline Sisters of Mount Saint Joseph, in leadership, most recently as assistant

congregational leader (2004-2010). Sister Cheryl is a former faculty member of Brescia and adjunct professor in the Hesburgh Sabbatical Program at the Catholic Theological Union, Chicago. She has taught a variety of theology, liturgy, spirituality and biblical courses, including Women in Christian Tradition and Women's Spirituality. She also speaks regularly to RCIA and adult education groups. Sister Cheryl holds a doctorate from The Catholic University of America in historical theology-systematics, with minors in women's theology and medieval church history. She is a popular speaker at Mount Saint Joseph.



Mount Saint Joseph Conference & Retreat Center provides meeting facilities for church groups, business and civic organizations, workshops as well as receptions for any size group. Accommodations include private rooms, home-cooked meals, a chapel, large and small meeting rooms, an exercise room, a gift shop and a lovely rural setting ideal for reflection and recreational activities.



**LORD, TEACH US TO  
PRAY: THE BIBLE &  
PRAYER**

**March 15-17, 2019**

*Retreat Director*

**Sister Cheryl Clemons, OSU, PhD.**



**Mount Saint Joseph**  
Conference and Retreat Center

8001 Cummings Road  
Maple Mount, Kentucky 42356-9999  
270-229-0200  
[www.msjcenter.org](http://www.msjcenter.org)  
[msj.center@maplemount.org](mailto:msj.center@maplemount.org)



*Office of Spiritual Life for the Diocese of Owensboro*

## Women's Spring Retreat SCHEDULE

### Friday, March 15, 2019

7:00 p.m. ....Welcome and Introductions

7:15 p.m. ....Opening Prayer/Reflection/Social

### Saturday, March 16, 2019

8:00 a.m. ....Breakfast

8:45 a.m. ....Morning Prayer (Center Chapel)

9:00 a.m. ....Theme #1: Jesus as Center

10:00 a.m. ...Break

10:15 a.m. ...Group Sharing and Prayer

11:00 a.m. ...Mass (Center Chapel)

Noon .....Lunch

12:45 p.m. ...Sacrament of Reconciliation  
(Center Chapel).....Break

3:30 p.m. ....Theme #2: Family — Group  
Sharing and Prayer

5:00 p.m. ....Supper

6:00 p.m. ....Theme #3: Friendship — Group  
Sharing and Prayer

7:15 p.m. ....Evening Prayer (Center Chapel)

### Sunday, March 17, 2019

8:00 a.m. ....Breakfast

8:45 a.m. ....Morning Prayer (Center Chapel)

9:00 a.m. ....Theme #4: Loss/Death — Group  
Sharing and Prayer

11:00 a.m. ...Sunday Eucharist (MSJ Chapel)

11:45 a.m. ...Retreat Closing (Center Chapel)

Noon .....Lunch and Departure

## *Lord, Teach Us To Pray: The Bible and Prayer*



In the gospels, Jesus' disciples ask that he teach them how to pray. Jesus responds by giving them—and us—the Our Father, described in Matthew 6:5 –15 and Luke 11:1 –13. However, various biblical stories teach us many other things about prayer. During this weekend, retreatants will reflect on elements of prayer and seek guidance from Scripture and one another.

Retreatants will be invited into varied experiences of prayer; time for silent reflection and prayer as well as group sharing, and opportunities for Reconciliation and Eucharist. Thus, the weekend is an invitation to “Come apart and rest awhile” (Mark 6:31) as well as a time to learn more about prayer, all with the goal of improving our communication with the God who is always present with us and who longs to loving communion with us.

